

Example Fish Nutrition Quiz :

Multiple Choice: Choose the best answer to each question.

1. Poikilothermic animals may be best described by which of the following terms?
 - a. warm-blooded
 - b. cold-blooded
 - c. temperature sensitive
 - d. tolerant of extreme temperature changes
 - e. extremeophiles

2. Fish have larval and adult stages. How does this contribute to our understanding of their dietary needs?
 - a. Fish's dietary needs change greatly with changing life stages.
 - b. Fish always need the same amount of dietary nutrition.
 - c. Fish need much less protein than terrestrial animals need.
 - d. Fish must watch what they eat or they will grow too big.
 - e. Fish should be fed as often as you think is needed to remain healthy.

3. Which of the following is an acceptable definition for nutrition?
 - a. The provision of all indispensable nutrients in adequate amounts to insure proper growth and maintenance of body functions.
 - b. Involves various chemical reactions and physiological transformations which convert foods into body tissues and activities.
 - c. Involves ingestion, digestion and absorption of various nutrients, transport into cells, and removal of unusable elements and waste products of metabolism.
 - d. All of the above are useful definitions.
 - e. None of the above.

4. What became a defining reason for studying fish nutrition and its effects in the early part of the 20th century until today?
 - a. Fish are great to look at so we need to feed them good food.
 - b. Fish need constant dietary monitoring, or they will get too fat.
 - c. Fish is good for you to eat and can alleviate several major health risk factors.
 - d. Fish nutrition is just cool.
 - e. Understanding fish nutrition can help us grow more fish.